

MON 4	TUES 5	WEDS 6	THURS 7	FRI 8	SAT 9	SUN 10
<ul style="list-style-type: none"> <li>● Bank Holiday</li> </ul>			<ul style="list-style-type: none"> <li>● Rita's Birthday</li> <li>● Samuel's Birthday</li> <li>● Open Day</li> </ul>			
<p><b>10am</b> Armchair Yoga</p> <p><b>2pm</b> Book Club</p> <p><b>4pm</b> Wine Club</p> <p><b>6.30pm</b> Movie Night: The Best Exotic Marigold Hotel</p>	<p><b>10am</b> Tai Chi</p> <p><b>2pm</b> Afternoon Movie: Mary Poppins</p> <p><b>4pm</b> Shopping Trip</p> <p><b>6.30pm</b> Quiz Night</p>	<p><b>10am</b> Pilates</p> <p><b>2pm</b> Lunch out: The Magpie</p> <p><b>4pm</b> Chess Club</p> <p><b>6.30pm</b> Ballroom Dance Class</p>	<p><b>10am</b> Morning Outing: Sandsend Beach</p> <p><b>2pm</b> Cookery Club</p> <p><b>4pm</b> Painting Club</p> <p><b>6.30pm</b> Rita's and Samuel's Birthday Party</p>	<p><b>10am</b> Flower Arranging</p> <p><b>2pm</b> Indoor Bowls</p> <p><b>4pm</b> Fishing Trip</p> <p><b>6.30pm</b> Cocktail Party</p>	<p><b>10am</b> Tai Chi</p> <p><b>2pm</b> Afternoon Movie: The Lion King</p> <p><b>4pm</b> Bingo</p> <p><b>6.30pm</b> Tea Dance</p>	<p><b>10am</b> Gardening</p> <p><b>2pm</b> Whitby Beach</p> <p><b>4pm</b> Cookery Club</p> <p><b>6.30pm</b> Gin Club</p>

Mon – Weds  
Chiropodist

Mon – Fri  
Beauty Therapist

Tues – Fri  
Hairdresser