



THE MAYFIELD

Sample Menu 2022

BREAKFAST

Full English Breakfast
Continental Breakfast
Botham's of Whitby Farmhouse Toast
Cereals & Porridge
Yoghurt & Fruit
Tea, Coffee & Fresh Juices

DINNER

Mixed Pepper Quiche
Whitby Haddock, Chips & Mushy Peas
Lattice Steak Pie & Parsley Potatoes
Strudel with Brandy Sauce
Botham's of Whitby Lemon Bun

TEA

Butternut Squash Soup
Roasted Chicken Breast & Pancetta
Green Salad
Banoffee Pie with Cream

*Cheese and biscuits or sandwiches
are always available as an
evening alternative*



As well as our main meals, residents can enjoy snacks and drinks 24/7 from our café.

Menus are based on our residents' favourite meals and nutritional needs.

For residents living with dysphagia, we prepare meals, pureed foods and smoothies that are delicious as well as easy to swallow and digest.